

Quorn Activity Club

Paddlesport Rule & Regulations

Operating Procedures

1. Signing In

All paddlers must sign on and off the water using the number system in place.

2. Equipment

Members using Club/Centre equipment are responsible for its safe return and for reporting any defects. They must also ensure that the equipment is returned to its proper place and that it is adequately secured and the relevant locks are in place.

Equipment must not be removed from Quorn Outdoor Education Centre without the permission of: The club committee in respect of club equipment: Quorn OEC in respect of Quorn OEC equipment.

Neither the Club nor Quorn OEC accept any responsibility for loss of, from, or damage to, any personal equipment whilst on the premises or involved in any club organised trips/activities.

3. Weirs & Sluice Pools

The shooting/paddling of weirs, or paddling within sluice pools, must not be carried out except under the supervision of a suitably qualified BCU coach, who's decision whether to paddle such water is final.

4. Trips Away

All trips away from Quorn OEC must be led by a suitably qualified coach, who is responsible for the trips overall safe organisation, including the coach to participant ratios. Trips must also have been agreed as official by the committee, for insurance reasons.

5. Visitors

Under current BCU rules a visitor is deemed to be someone who attends for a maximum of three sessions in any one-subscription year. Anyone who wishes or intends to paddle on more than three occasions must pay the appropriate subscription to the Club thus becoming a member of the Club otherwise the BCU insurance cover is invalid.

6. Use of the Club BCU Affiliation Membership Card

The Club pays an affiliation membership to the BCU. The Secretary holds the Membership Card.

This card may be used for club members who are not BCU members whilst on a trip. It is not for the use of non-club members or for trips that have been organised privately or where the trip is not open and advertise to club members.

7. These rules will be reviewed yearly by the committee.

First Prepared: 10 Oct 2005

Amended:

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Definitions

Immediate Local Water

This section of water stretches up-river of the canoe base to the Brinks (Large wooden floating pontoon) and as far down-river as the point where the River Soar meets the Grand Union canal at Barrow road bridge.

Other local water

This covers all water paddled, when launching and returning to the canoe base.

Safety Rules

Immediate Local Water

- All paddlers must wear a correctly fitted and suitable buoyancy aid; they must also wear suitable clothing for the prevailing conditions.
- Adult paddlers (over 18) may paddle without a qualified coach! But no individual paddling! It is recommended that a minimum of **three** craft must paddle together, by prior arrangement with the clubs lead kayak/canoe coach and safety officer/coach and provided that all members hold the relevant BCU 1 Star Award, and they are supervised by a member with the relevant BCU 3 Star, CST and recognised First Aid Award, who has been approved by the club committee. (Original certificates may be asked for). Where 1 Star or 3 Star awards are not held, the individual may apply to the lead kayak/canoe coach and safety officer/coach for special dispensation.
- Maximum ratio 1:6
- Paddlers not under supervision of a qualified coach must not paddle before sunrise or after sunset.
- Coaches (Level 2 minimum) may operate as per 'Other Local Water' recommendations

Other Local Water

- All paddlers must wear a correctly fitted and suitable buoyancy aid they must also wear suitable clothing for the prevailing conditions.
- All paddlers must be supervised by an appropriately BCU qualified coach (minimum Level 2) using maximum ratios of 1:10 for kayaks and 1:12 for open canoes.

General Rules

Club members must report any incidents to the Club Safety Officer, as soon as possible, which had, or could have had, an impact on the safety of members or visitors.

Club members are entitled to use the changing facilities at Quorn Outdoor Education Centre.

First Prepared: 10 Oct 2005

Amended: